

# **Bacharach**

## **INPATIENT ACUTE REHABILITATION HOSPITAL LIMITATIONS, SCOPE AND INTENSITY OF CARE**

Bacharach Institute for Rehabilitation offers a number of in and outpatient rehabilitation programs and services designed for people with physical disabilities. We provide personalized, integrated rehabilitation programs that draw upon the expertise of many medical & rehabilitative disciplines. This interdisciplinary team - approach to treatment takes the patient's total functioning into account and ensures that careful, thorough rehabilitation regimens are tailored to meet each patient's individual needs.

The services are designed to meet each individual needs regardless of ability to pay and/or employee – contractor preferences and compensation. Bacharach strives to comply with all laws and regulations and conducts its business in an ethical manner responsive, to the best of our ability, to the rights and preferences of all stakeholders. (copy of our Code of Ethical Conduct is available by contacting Administration at (609) 748.5460 or (609)748.2081

As a state-licensed comprehensive rehab hospital in southeastern New Jersey, which also provides sub-acute rehabilitation and ambulatory care rehab services, Bacharach's highly skilled treatment teams includes, but is not limited to: physical therapists, occupational therapists, psychologists, physicians and advanced practice nurses, audiologists, speech pathologists, therapeutic recreation specialists, nursing and rehab nursing, dieticians and prosthetists and orthotists

Programs and services are structured around the Rehab Plan of Care (LD 1.1.4) to ensure appropriate care that is provided at the right time, in a safe manner, and meets the needs of the patient.

**MEDICAL SERVICES:** Programs are led by one of our board-certified psychiatrists -- medical doctors specializing in Physical Medicine and Rehabilitation on our acute rehab unit, they are supported by representatives of our consulting medical staff and community based physicians. The physician prescribes the necessary therapy programs for each patient (as may be defined by the scope of care policy, medical staff bylaws and rules and regulations, and hospital policy and procedures), supervises the delivery of medical care and monitors the patient's progress.

**REHABILITATION NURSING:** Many of Bacharach's registered nurses are certified in Rehabilitation Nursing, an advanced specialty of nursing practice. Bacharach's nurses collaborate with other members of the rehab team to prevent complications and promote patient recovery. The nurse also teaches patients about medications, self-care and encourages patients to use the techniques they have learned in daily therapy. Before discharge, the nurses prepare patients and family members for the skills they will need to master at home.

**CASE MANAGEMENT:** Each patient is assigned a case manager who works one-on-one with patients and families to address the social, community-reintegration and insurance issues that may arise as a result of disability. Case managers help patients move through the continuum of health care and coordinate team recommendations with patients, families and insurance carriers. Case managers also provide access to a variety of community services and living options that will aid the patient's transition back into the community.

**REHAB SERVICE:** Each patient receives intensive rehab services by physical, occupational and speech pathologists, audiologists, prosthetists and orthotists, rehab nursing, psychologists and case management as appropriate and as may be identified in the patient's individualized plan of care. The team collaborates to provide an integrated, multidisciplinary service designed to ensure that the patient's outcomes and functional status are maximized to return home, school, work or within the continuum of care.

## **INPATIENT ACUTE REHABILITATION HOSPITAL LIMITATIONS, SCOPE AND INTENSITY OF CARE**

### **Scope of Care**

- a. Care delivered at the hospital, will be consistent with the Mission and values Statement and recognizes each patient is an individual, a member of a family, and of a community around whom all patient care activities center.
- b. Patient care services are designed throughout the hospital and along the continuum of care so it is appropriate to the scope and intensity of care required by the patient. Services will be accessible, sensitive to cultural diversity and will ensure that the patient's rights will be respected.
- c. It is our belief that individualized comprehensive rehabilitative care will result in the patient achieving an optimum level of dignity, wellness, and independence. The services are coordinated around a cooperative, team oriented, multidisciplinary level of care. The patient is included as a team member with input into their care decision(s) and treatment processes and services.
- d. Bacharach will provide one level of care throughout the organization and we will provide services only to those patients for whom we can safely care. Care will be based on the assessed needs of the individual patients regardless of ability to pay and/or employee/contractor compensation.
- e. Bacharach will maintain a strict adherence to the principles of conducting its business and its related services lawfully and ethically. (Refer to the policy on Code of Ethical Conduct 1.1.1)

### **1. Intensity**

- a. Minimally the services shall be provided a minimum of three hours per patient day, which may include physical, occupational therapy, respiratory therapy, psychology, speech-language pathology, audiology and prosthetics & orthotics. Other services may include (as identified by patient need):
- b. Preventative, diagnostic, therapeutic and rehabilitative services shall be available, and will minimally include: audiology, dental, dietary, driver evaluation, environmental modifications, laboratory, medical, nursing, nutritional counseling, occupational therapy, orthotics and prosthetic, pharmaceutical, physiatry, physical therapy, psychology, radiological, recreational therapy, respiratory therapy, sexual counseling, social work-case management, speech-language pathology and vocational testing.
- c. Inpatient Programs include: Acute Brain Injury/Community Reintegration, Amputee, Arthritis Program, Cardiopulmonary Rehabilitation, Pain Management, Drivers Training Program, Lymphedema Program, Neuro-Optometry Clinic, Orthopedics, Spinal Cord Injury system of care, Stroke rehabilitation program

### **2. Limitations**

- a. Age limitations: Bacharach is not a licensed pediatric inpatient facility. We do admit pediatric - adolescents on a case-by-case basis through a procedure outlined by the New Jersey State Department of Health and Senior Services Rules and Regulations
- b. Admissions related limitation are identified on a case-by-case basis, however general prerequisites for admission are as follows:
  1. Medical Stability: The patient is medically stable enough to participate in intensive rehabilitation program, free of medical complications that require acute care level of service
  2. The patient is responsive to verbal and visual stimuli and has cognitive ability to participate and learn.
  3. The patient has sufficient mental alertness, and is psychologically stable enough to participate in the individualized program. Other criteria with respect to psychological & behavioral status and any relevant limitations is discussed under Admission Criteria, Inpatients policies
  4. The patient's pre-morbid condition indicates a potential for rehabilitation.

5. The patient's medical acuity, impairments, activity limitations and program participation restrictions are such that they could participate in the program as defined above and individually examined on a case by case basis.

6. Cultural Diversity. There are no limitation or restriction on admission secondary to cultural diversity as defined by our policy on Code of Ethical Conduct. Individualized patient needs are met on a case by case basis.

7. The expectation for improvement by at least one level in functional areas is reasonable.

8. Physician documentation that the severity of the illness warrants admission for in-depth rehabilitation evaluation by the multi-disciplinary team under the direction of a qualified physician.

9. Patient requires the level of care recommended above and not a less intense setting. The patient requires close medical supervision and will need 24 hour nursing during their stay. The patient will also need multidisciplinary, coordinated care by our rehab team and can tolerate 3 hours of therapy, 5 days per week. The rehabilitation goals are realistic and there is potential for significant practical improvement as a result of the planned admission.

**3. Patient Care:** Bacharach provides many services through contract and/or referral with appropriately licensed providers. These services may include but not be limited to: Laboratory, radiology, emergency room, prosthetic and orthotics, blood bank, pharmacy and dentistry

**4. Continuum of Care Needs:**

a. Bacharach is a licensed comprehensive rehabilitation hospital and as such is limited by the scope of inpatient services available. If the patient requires a level of care different than that provided at Bacharach, such as acute care, long term care or home care, a referral to an appropriate level of care will be made by the treatment team in collaboration with the patient/family surrogate decision maker. Intended discharge environments are carefully considered by the treating team members and the patient to appropriately match identify needs to services in the community.

b. Inpatient and outpatient referrals are received from various acute care hospitals throughout southern New Jersey and Philadelphia, PA. Acute care referrals include those that incorporate trauma centers and acute care long term care hospitals. Referrals are also accepted from sub-acute and long term care facilities, managed care insurance companies, workers compensation and the Division of Vocational Assistance of NJ. In addition referrals are accepted from physician offices and home bound patients and/or self-referrals.

**5. Population Served:** includes but not limited to: Adults with functional limitations requiring services for: Spinal Cord Injury; Brain Injury; Stroke; Orthopedic; Arthritis; Amputations; Pain Management; other neurological, cardiopulmonary, oncology related issues, general medical or debility and multiple traumatic injuries.

**6. Settings:** Services are provided at Bacharach's main campus on the acute rehabilitation hospital unit. Individual rehab and medical services are provided within the same campus. Some diagnostic services are provided at a physically connected acute care hospital such as radiology services and emergency services. Some diagnostic services are provided within the acute rehabilitation hospital unit such as routine laboratory services.

**7. Hours of Services and Frequency of Services:** Medical and rehab nursing services are provided all day everyday (24/7). Rehab services such as physical, occupational and speech therapy services are provided minimally 5 days per week during regular business hours. Weekend rehab services are provided based on patient needs as identified by the rehab team. The amount of rehab services provided to each patient are also defined by patient needs as identified by the rehab team.

**6. Payer Sources:** Medicare, Medicaid, self-care, charity care (based on identified need), private managed care, Medicare Advantage and other private insurers providing services in New Jersey. A full listing of insurances accepted is available upon request.

**7. Fees:** Fees are established by contract or through regulation/legislation. As such Medicare rates are established by the Center for Medicare and Medicaid Services, State Medicaid rates are set by NJ State contracts. Rates and fees are established with managed care agencies through contracts.

**8. Referral Sources:** Referral for services are made by short term acute care hospitals within South and Central New Jersey, Philadelphia and outside the region based upon patient needs. Referrals are also accepted by individual patients and family, nursing homes and individual physicians within the community.

9. **Services Provided:** as noted above services shall be provided a minimum of three hours per patient day, which may include physical, occupational therapy, respiratory therapy, psychology, speech-language pathology, audiology and prosthetics & orthotics. Other services may include (as identified by patient need) may include: Preventative, diagnostic, therapeutic and rehabilitative services shall be available, and will minimally include: audiology, dental, dietary, driver evaluation, environmental modifications, laboratory, medical, nursing, nutritional counseling, occupational therapy, orthotics and prosthetic, pharmaceutical, physiatry, physical therapy, psychology, radiological, recreational therapy, respiratory therapy, sexual counseling, social work-case management, speech-language pathology and vocational testing.

**LIMITATIONS OF THE PAYOR:  
INPATIENT AND OUTPATIENT**

Any limitations of payor will be identified as early in the admission and care cycle as possible and communicated to patient, either in writing or verbally. Alternatives will be discussed with patient and/or surrogate decision maker about appropriate accommodations or referrals with respect to individualized specific needs.

# **INPATIENT SUB-ACUTE REHABILITATION** **RENAISSANCE PAVILION** **LIMITATIONS, SCOPE AND INTENSITY OF CARE**

Bacharach Institute for Rehabilitation offers a number of in and outpatient rehabilitation programs and services designed for people with physical disabilities. We provide personalized, integrated rehabilitation programs that draw upon the expertise of many medical & rehabilitative disciplines. This interdisciplinary team - approach to treatment takes the patient's total functioning into account and ensures that careful, thorough rehabilitation regimens are tailored to meet each patient's individual needs.

The services are designed to meet each individual needs regardless of employee – contractor preferences and compensation. Bacharach strives to comply with all laws and regulations and conducts its business in an ethical manner responsive, to the best of our ability, to the rights and preferences of all stakeholders. (copy of our Code of Ethical Conduct is available by contacting Administration at 609.748.5460 or 609.748.2081)

As a state-licensed comprehensive rehab hospital in southeastern New Jersey, which also provides sub-acute rehabilitation and ambulatory care rehab services, Bacharach's highly skilled treatment teams includes, but is not limited to: physical therapists, occupational therapists, psychologists, physicians and advanced practice nurses, audiologists, speech pathologists, therapeutic recreation specialists, nursing and rehab nursing, dieticians and prosthetists and orthotists

Programs and services are structured around the Rehab Plan of Care (LD 1.1.4) to ensure appropriate care that is provided at the right time, in a safe manner, and meets the needs of the patient.

**MEDICAL SERVICES:** Programs are led by one of our board-certified physiatrists -- medical doctors specializing in Physical Medicine and Rehabilitation or a credentialed member of our consulting Medical Staff, they are supported by representatives of our consulting medical staff and community based physicians. The physician prescribes the necessary therapy programs for each patient (as may be defined by the scope of care policy, medical staff bylaws and rules and regulations, and hospital policy and procedures), supervises the delivery of medical care and monitors the patient's progress.

**NURSING:** Bacharach's registered nurses and LPNs provide care and collaborate with other members of the rehab team to prevent complications and promote recovery. The nurse also teaches patients about medications, self-care and encourages patients to use the techniques they have learned in daily therapy. Before discharge, the nurses prepare patients and family members for the skills they will need to master at home.

**CASE MANAGEMENT:** Each patient is assigned a case manager who works one-on-one with patients and families to address the social, community-reintegration and insurance issues that may arise as a result of disability. Case managers help patients move through the continuum of health care and coordinate team recommendations with patients, families and insurance carriers. Case managers also provide access to a variety of community services and living options that will aid the patient's transition back into the community.

## **Scope of Care**

- a. Care delivered in the sub-acute unit ('Unit') will be consistent with the Mission and Values Statement and recognizes each patient is an individual, a member of a family, and of a community around whom all patient care activities center.
- b. Patient care services are designed throughout the Unit and along the continuum of care so it is appropriate to the scope and intensity of care required by the patient. Services will be accessible, sensitive to cultural diversity and will ensure that the patient's rights will be respected.

c. It is our belief that individualized rehabilitative care will result in the patient achieving an optimum level of dignity, wellness, and independence. The services are coordinated around a cooperative, team oriented, multidisciplinary level of care. The patient is included as a team member with input into their care decision(s) and treatment processes and services.

d. Bacharach will provide one level of care throughout the Unit and we will provide services only to those patients for whom we can safely care. Care will be based on the assessed needs of the individual patients regardless of employee/contractor compensation.

e. Bacharach will maintain a strict adherence to the principles of conducting its business and its related services lawfully and ethically. (Refer to the policy on Code of Ethical Conduct 1.1.1)

## 1. Intensity

a. Minimally the rehab services shall be provided a minimum of two hours per patient day, which may include physical, occupational therapy, respiratory therapy, psychology, speech-language pathology, and/or audiology services. Other services may include (as identified by patient need):

b. Preventative, diagnostic, therapeutic and rehabilitative services shall be available, and will minimally include: audiology, dental, dietary, driver evaluation, environmental modifications, laboratory, medical, nursing, nutritional counseling, occupational therapy, orthotics and prosthetic, pharmaceutical, physiatry, physical therapy, psychology, radiological, recreational therapy, respiratory therapy, sexual counseling, social work-case management, speech-language pathology and vocational testing.

c. Programs include: Amputee, Arthritis Program, Cardiopulmonary Rehabilitation, Debility, Orthopedics, Stroke rehabilitation program and medical management.

## 2. Limitations

a. Age limitations: Bacharach is not a licensed pediatric inpatient facility. We do admit pediatric - adolescents on a case-by-case basis through a procedure outlined by the New Jersey State Department of Health and Senior Services. See Policy - Admission Criteria, Inpatients 10.1

b. Admissions related limitation are identified on a case-by-case basis, however general prerequisites for admission are as follows:

1. Medical Stability: The patient is medically stable enough to participate in intensive rehabilitation program, free of medical complications that require acute care level of service
2. The patient is responsive to verbal and visual stimuli and has cognitive ability to participate and learn.
3. The patient has sufficient mental alertness, and is psychologically stable enough to participate in the individualized program. Other criteria with respect to psychological & behavioral status and any relevant limitations is discussed under Admission Criteria, Inpatients Policies
4. The patient's pre-morbid condition indicates documented potential for rehabilitation
5. The patient's medical acuity, impairments, activity limitations and program participation restrictions are such that they could participate in the program as defined above and individually examined on a case by case basis.
6. Cultural Diversity. There are no limitation or restriction on admission secondary to cultural diversity as defined by our policy on Code of Ethical Conduct LD 1.1.1. Individualized care needs are met on a case by case basis.
7. Physician documentation that the severity of the illness warrants admission for in-depth rehabilitation evaluation by the multi-disciplinary team under the direction of a qualified physician.

3. **Patient Care**: Bacharach provides many services through contract and/or referral with appropriately licensed providers. These services may include but not be limited to: Laboratory, radiology, emergency room, prosthetic and orthotics, blood bank, pharmacy and dentistry

4. **Continuum of Care Needs**: Bacharach has a NJ Department of Health licensed sub-acute nursing unit and as such is limited by the scope of its services. If the patient requires a level of care different than that provided at Bacharach's acute care unit a referral to an appropriate level of care will be made by the treatment team in collaboration with the patient/family surrogate decision maker. Intended discharge environments are carefully considered by the treating team members and the patient to appropriately match identify needs to services in the community.

**LIMITATIONS OF THE PAYOR:  
INPATIENT AND OUTPATIENT**

Any limitations of payor will be identified as early in the admission and care cycle as possible and communicated to patient, either in writing or verbally. Alternatives will be discussed with patient and/or surrogate decision maker about appropriate accommodations or referrals with respect to individualized specific needs.

## **OUTPATIENT AMBULATORY CARE REHABILITATION SERVICES** **LIMITATIONS, SCOPE AND INTENSITY OF CARE**

1. Outpatient rehabilitation services are designed to be outcome/goal oriented with the objective of improving the patient's level of independence and performance. Patients are given the opportunity to have input in establishing goals and treatment plans. The services are designed to be accessible and appropriate to meet the individual needs of the patient.
2. Care delivered, will be consistent with the mission and values statement and recognizes each patient is an individual, a member of a family, and of a community around whom all patient care activities center.
3. Patient care services are designed throughout the hospital and along the continuum of care so it is appropriate to the scope and intensity of care required by the patient. Services will be accessible, sensitive to cultural diversity and will ensure that the patient's rights will be respected.
4. Appropriate candidates are those that present with impairments which has directly lead to functional limitations. Individuals with disabilities may also receive therapy for any physical limitation not related to their disability, provided that there is reasonable potential for functional improvement.
5. Bacharach will provide one level of care throughout the organization and we will provide services only to those patients for whom we can safely care. Care will be based on the assessed needs of the individual patients regardless of ability to pay and/or employee/contractor compensation.
6. Bacharach will maintain a strict adherence to the principles of conducting its business and its related services lawfully and ethically. (Refer to the Policy on Code of Ethical Conduct)
7. Outpatient referrals are received from various acute care hospitals throughout southern New Jersey and Philadelphia, PA. Referrals include those that incorporate acute care long term care hospitals. Referrals are also accepted from sub-acute and long term care facilities, acute rehab hospitals, managed care insurance companies, workers compensation and the Division of Vocational Assistance of NJ. In addition referrals are accepted from physician offices and self-referrals.

### **Intensity**

1. The intensity of the programs and services are individualized and age specific to meet the needs of the patient. The intensity of services may be defined by the referring facility or medical practitioner.
2. Not all services are available at each site. Site specific limitations, and/or availability of services and programs will be identified when the patient is referred.
3. Preventative, diagnostic, therapeutic and rehabilitative services, and shall be provided which may include but not be limited to: audiology, dental, dietary, driver evaluation, environmental modifications, hearing aids, nursing, nutritional counseling, occupational therapy, orthotics and prosthetic, physiatry, physical therapy, psychology, recreational therapy, sexual counseling, social work-case management, speech-language pathology and vocational testing and rehabilitation, Cognitive Remediation, Hand Rehabilitation, Industrial Medicine, Pediatrics, Post-Polio management, Sleep disorders testing and treatment, electroencephalograph testing, cardiopulmonary rehabilitation, Spinal Cord Injury rehabilitation, Stroke Management, Wound Care

**Limitation**

1. Admissions: Not all services are available at each site. Site specific limitations, and/or availability of services and programs will be identified when the patient is referred.
2. Patient care: Bacharach offers varied interdisciplinary programs. If the patient requires a level of care different from those identified above, such as medical or surgical intervention, acute care, home care and/or long term care a referral to an appropriate level of care will be made by the treatment team in collaboration with the patient.
3. Bacharach provides many services through contract and/or referral with appropriately licensed providers. These services may include but not be limited to: Laboratory, radiology, emergency room, prosthetic and orthotics, and dentistry
4. Not all services listed above are available at Bacharach as an outpatient, such as laboratory, radiology, emergency room, and medical consultations, however are available through referral.

**Limitation of the Payor:  
Inpatient and Outpatient**

Any limitations of payor will be identified as early in the admission and care cycle as possible and communicated to patient, either in writing or verbally. Alternatives will be discussed with patient and/or surrogate decision maker about appropriate accommodations or referrals with respect to individualized specific needs.