



Dear Parent:

Feeding is one of our most complex tasks. It is one of life's greatest pleasures and brings joy to family and friends who share eating together.

Face-to-face feeding evaluation with you and your child:

For the feeding evaluation, please **bring at least 2 or 3 foods of different textures and 1 drink that your child will most likely eat, and at least 1-2 foods your child will most likely refuse.** We want to be able to evaluate your child's current skill level with foods that they do well with, as well as determine how your child will handle more challenging foods.

Please **pack your child's preferred utensils, cup, bottles and dishes** to make the assessment as "home-like" as possible. We find it helpful to explain to older children that you are packing a "picnic" to eat together at the food school, and that the therapist's job is to help children and families learn to eat better together.

We ask that you give your child only a light breakfast on the day of the appointment and that you **NOT feed them for at least 1 ½ hours before** the scheduled appointment time.

Please bring an updated prescription from the doctor and a referral if necessary. Make sure the prescription reads OT/PT Feeding Evaluation and Treatment and includes a medical diagnosis such as: Feeding Disturbance, Autism, etc.

Please fill out and bring the Pediatric Case History, Sensory History, and Pediatric Feeding History.

Please bring a full length picture of your child sitting while eating in a high chair or chair to show the therapist. It can be a digital image on phone or tablet.

Arrive 20 minutes before the scheduled time and check in with the cashier located to the right of the entrance. After your child is registered you will be directed upstairs to the pediatric waiting area.

If you have any questions please feel free to contact me at 609 652-7000 X 5468.

Sincerely,

Pamela Modugno, OTR/L
Toni Mullin, OTR/L
Mora Pluchino, DPT
Catherine LaCarrubba, MA, CCC-SLP