BACHARACH PEDIATRIC FEEDING SKILLS PROGRAM

Bacharach offers comprehensive feeding evaluations for children who are picky eaters and problem feeders, for all ages from infants to teenagers.

The evaluation covers a wide range of important factors including:

- Medical history and medical conditions
- Motor development related to swallowing
- Oral-motor skills
- Stable posture and positioning skills
- Hand to mouth coordination for finger feeding and utensil use
- Feeding schedules
- Sensory processing associated with food: vision, smell, touch, taste
- Cognitive learning and development

For an evaluation, call (609) 652-7000 x5502.
You will need a prescription from your child's physician.

For more information about the program call Pamela Modugno, OT, (609) 652-7000 x5468.

Bacharach
INSTITUTE FOR REHABILITATION

Bacharach uses the Sequential, Oral, and Sensory (SOS) approach to feeding. This approach encourages the child to become more comfortable with food through systematic desensitization. It allows a child to learn about the qualities of food and to become comfortable with those qualities, gradually moving up the steps of a food hierarchy.

Using this method, children interact with food by learning to tolerate seeing, smelling, feeling, tasting, and then successfully eating. Our clinic has specialized feeding chairs and a nurturing, playful environment.

Parent involvement and education is an integral part of the program. After a feeding evaluation is completed the child may be referred for individual or group therapy. The child attends food school weekly on an outpatient basis learning positive experiences with food and meal time routines. The goal of the program is to increase tolerance for food variety, smell, consistency, texture, and taste. The focus is for children to have better food acceptance and intake of a variety of proteins, fruits, vegetables, and starches through exploration and play.

Feeding is one of our most complex tasks. It is one of life's greatest pleasures and brings joy to families and friends who share eating together. Bacharach is committed to helping children in the community achieve the skills necessary to master feeding. It is our goal for all children to have adequate nourishment to so that they may thrive.