

JOINT DAY REHAB

Bacharach

INSTITUTE FOR REHABILITATION



REHAB SMARTER NOT LONGER.

Day rehab is safe and effective after surgery – which is why the nation's most prestigious hospitals are recommending Bacharach for their patients who require intensive therapies – but not the care of a 24-hour inpatient program.

Each day, you'll receive two sessions of one-on-one, hands-on physical therapy provided by Bacharach's highly skilled clinical staff, and an occupational therapy evaluation to meet your goals.

We will provide transportation unless your family prefers to provide transportation.

Now we offer **Joint Day Rehab** at five convenient locations: **Hammonton, Manahawkin, North Cape May, Pomona and Somers Point.**

98% overall patient satisfaction rate

Planning ahead will help you return to the activities you love as quickly as possible.

Day Rehab Checklist

Outside: Choose the best entry into your home; work with your family to create the shortest and safest walking path up to your chosen entrance.

Inside: Remove throw rugs and trip hazards; clear a pathway from the kitchen to the bedroom and bathroom.

Meals: Stock up on staples; prepare and freeze meals that can be easily heated.

Support person: Enlist the help of a caregiver, especially for the first few days after your surgery. Then, develop a schedule around the times that you will need the most help: getting dressed, bathing, preparing for bed, etc.

Clothing: Be sure to have comfortable clothing: shorts, tee shirts, sweatpants, sneakers.

Other: Be sure to renew your prescriptions before your surgery.

What to Bring

- Prescription for day rehab from your physician and pre-certification or referral form from insurance, if necessary
- Insurance card
- Medication you will take while you are here
- List of all medicines you take daily
- Any small medical equipment you are using (reacher, shoe horn, etc.)

bacharach.org • (609) 652-7000

Bacharach Institute for Rehabilitation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Bacharach does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-609-748-2081.

请注意：如果您讲中文，您可以免费获得语言协助服务。请致电 1-609-748-2081。