

PHYSICAL THERAPY CENTERS

You'll find world-class care, close to home. Chances are there's a location near you.

- ★ **Atlantic City, AtlantiCare HealthPlex (OT)**
(609) 347-3939
- ★ **Brigantine**
(609) 264-1666
- ★ **Cape May Court House, Court House Commons (OT)**
(609) 463-9944
- ★ **Egg Harbor Township, Tilton Athletic Club**
(609) 748-5355
- ★ **Galloway Tilton Fitness (OT, CHT)**
(609) 404-4600
- ★ **Linwood**
(609) 653-4960
- ★ **Hammonton (OT)**
(609) 481-2693
- ★ **Manahawkin**
(609) 489-0200
- ★ **Margate, Jewish Community Center**
(609) 487-7442
- ★ **Marmora, ShopRite Shopping Center (OT)**
(609) 545-0030
- ★ **Mays Landing, The Brickworks (OT)**
(609) 625-5000
- ★ **North Cape May, North Cape May Shopping Center**
(609) 770-7804
- ★ **Ocean City (OT)**
(609) 814-1000
- ★ **Pomona, Bacharach Main Campus (OT)**
(609) 748-5485
- ★ **Somers Point, Bayside Commons**
(609) 653-4141
- ★ **Tuckerton**
(609) 294-2010
- ★ **Vineland, Maintree Commons**
(856) 563-1622



DON'T LET A SPORTS INJURY SIDELINE YOUR FUN.

We have 17 therapy centers conveniently located throughout our area.

GIVE YOUR SPORTS INJURY A SPORTING CHANCE.

Call the Bacharach Sports Medicine Team.

Bacharach

INSTITUTE FOR REHABILITATION

bacharach.org • (609) 652-7000

Bacharach Institute for Rehabilitation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Bacharach does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-609-748-2081.

请注意：如果您讲中文，您可以免费获得语言协助服务。请致电 1-609-748-2081。

SPORTS MEDICINE

Bacharach

INSTITUTE FOR REHABILITATION



FROM
**WEEKEND
WARRIOR**
TO
**VARSIITY
ATHLETE**

bacharach.org • (609) 652-7000

LET US GET YOU BACK IN THE GAME.

One moment you're playing your favorite sport, the next you're sidelined with pain, a sprain, a twist ... or worse. It usually happens when you least expect it. Swinging a golf club. Going for a lay-up. Or trying that new pose in yoga class.

That's when you need to call the Sports Medicine Team at Bacharach. We specialize in the type of injuries that often occur when you push your body a bit too far.



A SPORTS TEAM, OF SORTS.

Our physical and occupational therapists have the know-how (and the state-of-the-art facilities) to get you back in the game. If it's a more serious injury that requires surgery, we offer post-surgical rehab on the most up-to-date equipment.

Our team understands that an injury can happen in a flash. And, if not treated correctly, can linger and get progressively worse.



Services include:

- Therapies for shoulder, neck, back, elbow, wrist, hip, knee and ankle injuries
- Treatments for sprains and strains
- Manual therapy
- Certified hand therapy
- Graston® Technique treatment
- Aquatic therapy
- Core stabilization
- Concussion management
- Vestibular therapy
- Back-to-sport protocol
- Kinesiotaping

DISCOVER THE NEW BTE PrimusRS™ THERAPY.

Our rehab center proudly sports the newest BTE PrimusRS™ equipment. This innovative piece of equipment can replicate almost any task or activity – from throwing a ball to swinging a racket. It's perfect for multi-joint testing, orthopedic rehab and athletic training of the upper and lower extremities and the core. It can evaluate, rehab and track your progress, as well.

