

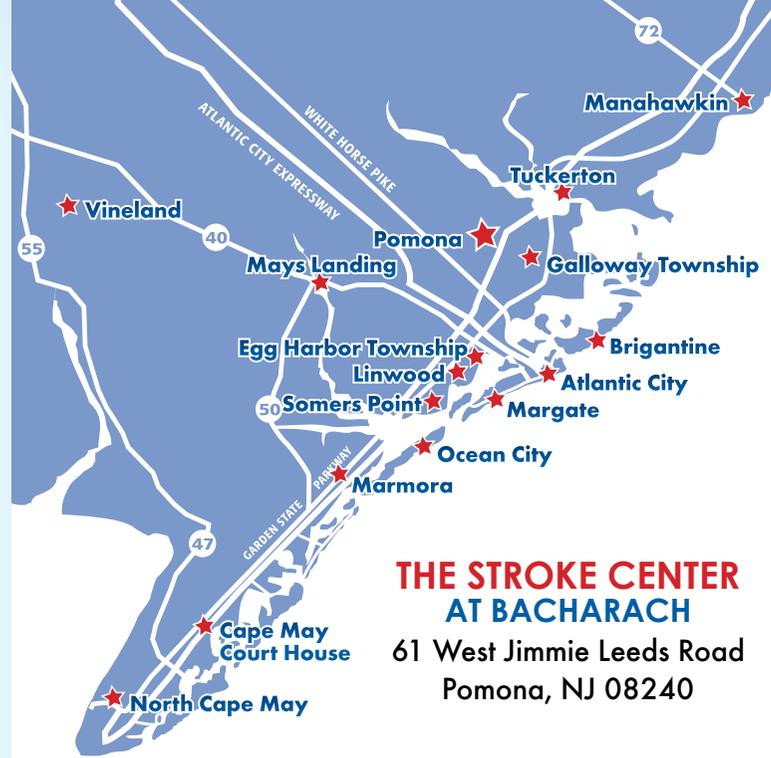
# AWARDED BY OUR PROFESSION

*Bacharach Institute for Rehabilitation is a Level I Licensed Acute Rehabilitation Facility, fully accredited by the Joint Commission.*

*Bacharach is one of only three hospitals in the region to have earned the prestigious Inpatient Stroke Specialty Program Accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF). Please visit our website at [bacharach.org](http://bacharach.org) to learn more.*



Bacharach Institute for Rehabilitation has been accredited by CARF for 11 programs.



**THE STROKE CENTER  
AT BACHARACH**  
61 West Jimmie Leeds Road  
Pomona, NJ 08240

## DIRECTIONS

**From the south:** Take Garden State Parkway to exit 41. At the end of the exit ramp turn left onto Jimmie Leeds Road. Turn right at the second traffic light into a shared access road for Bacharach and AtlantiCare Regional Medical Center. Bear right at the fork and follow signs for Visitor Parking.

**From the north:** Take Garden State Parkway to exit 41. At the end of the exit ramp turn right onto Jimmie Leads Road. Turn right at the first traffic light into a shared access road for Bacharach and AtlantiCare Regional Medical Center. Bear right at the fork and follow signs for Visitor Parking.

# **Bacharach**

INSTITUTE FOR REHABILITATION

[bacharach.org](http://bacharach.org) • (609) 652-7000

Bacharach Institute for Rehabilitation complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Bacharach does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-609-748-2081.

请注意：如果您讲中文，您可以免费获得语言协助服务。请致电 1-609-748-2081。

## STROKE PROGRAM

# **Bacharach**

INSTITUTE FOR REHABILITATION



# STROKE? STRIKE BACK.

## THE STROKE CENTER AT BACHARACH

Offering the most advanced Level I stroke rehab in the region.

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## A TEAM APPROACH TO CARE

At Bacharach, we literally surround stroke survivors with a comprehensive team, including a physiatrist, rehab nurse, physical therapist, occupational therapist, speech therapist, recreational therapist, dietitian, psychologist and case manager. This team approach allows us to create an individualized plan of care, based on your unique condition.

### PHYSIATRY

Each patient has a doctor of physical medicine, called a physiatrist, who will direct the therapy team's plan of care.

### OCCUPATIONAL THERAPY

The occupational therapist enables stroke patients to safely resume the activities of daily living, such as eating, dressing and personal grooming. OT patients will work to restore upper body strength and fine motor skills as well as cognition. Patients also undergo a vision evaluation to determine the need for neuro-optometry.

### PHYSICAL THERAPY

Stroke may cause limitations in strength, balance and endurance. The physical therapist works with each stroke survivor to regain skills necessary to walk, transfer in and out of a car and even negotiate stairs.

## SPEECH-LANGUAGE THERAPY

Stroke commonly leads to communication disorders, whether expressive or receptive. The speech-language pathologist will work to improve communication, cognition and swallowing disorders. Dysphagia therapy, including VitalStim®, is provided to maximize swallowing safety.

### PSYCHOLOGY

Psychological consultation is extremely important for the stroke patient and very commonly referred to patients facing sudden changes in ability and independence caused by stroke.

### CASE MANAGEMENT

Bacharach's case management team works to make sure every patient gets the right aftercare upon discharge. With access to a wealth of resources, the case manager works with the therapy team, patient and family to coordinate every aspect of the discharge plan.

### NUTRITIONAL COUNSELING

Working closely with the speech and occupational therapy team, Bacharach's clinical dietitians will address swallowing problems with modified diets and carefully monitored meals, if necessary.

### THERAPEUTIC RECREATION

Skilled recreational therapists help patients regain confidence and social skills through hobbies and leisure activities.

### POOL THERAPY

We offer a therapeutic pool for aquatic physical therapy. The heated pool increases circulation and promotes flexibility and range of motion and is especially beneficial for gait and balance improvement after stroke.

## STAYING ON THE FOREFRONT OF CARE

We're constantly adding the newest stroke treatment advances, including:

- **Bioness®** - a new treatment to help strengthen upper and lower extremities for greater mobility.
- **VitalStim®** - to help with dysphagia and swallowing disorders.
- **Unweighting system** - for patients who don't have the leg or trunk strength to support their body weight during exercises.
- **Pet therapy** - using animals to help with physical, emotional and cognitive functioning.
- **Dyno-vox device** - to help augment communication.
- **Spasticity management** - baclofen pump management and botulinum toxin injections.
- **Iowa Oral Performance Instrument (IOPI)** - designed to help improve tongue and lip strength for swallowing function.
- **Mirror therapy** - to expand motor planning and reduce fear of movement.

## OUTPATIENT STROKE REHAB

Bacharach has physical and occupational therapy centers in four counties, Atlantic, Cape May, Ocean and Cumberland, to provide convenient outpatient services for most patients. There is also a day rehabilitation program offered at the main campus in Pomona for those who may need additional services such as speech.

Outpatient services may include:

- Family training and patient education
- Cognitive training
- Support group - guest lecturers and community participation
- Driver re-education
- Neuro-optometry clinic
- Day rehab
- Spasticity clinic
- VitalStim® swallowing therapy

### Bacharach outperforms both regional and national averages in many key measures.

The Functional Improvement Measurement (FIM)™ scale measures how much more function a patient has at discharge as opposed to admission.

The Functional Improvement Motor Score refers to some specific motor skills including locomotion and transfers.

Case Mix Index indicates the level of severity of illness at the time of admission; a higher number indicates a more involved patient.

*FIM is a trademark of Uniform Data System for Medical Rehabilitation, a division of UB Foundation Activities, Inc.*

SPINAL CORD INJURY	Bacharach	Nation	Region
FUNCTIONAL IMPROVEMENT MEASUREMENT	24	24	25
FUNCTIONAL IMPROVEMENT MOTOR SCORE	20.3	19.4	20
LENGTH OF STAY (DAYS)	17.2	16.5	16.9
CASE MIX INDEX	1.6	1.5	1.6
NUMBER OF PATIENTS	281		