

POST ACUTE LEVELS OF CARE

	Inpatient Rehabilitation Hospital	Skilled Nursing Facility	Home Health	Outpatient Rehabilitation
Length of Treatment	Average 12.7 days*	Average 26.5 days*	Variable, based on treatment plan	Variable, based on treatment plan
Therapy Intensity	Intensive, coordinated, interdisciplinary team approach, led by rehab physician & includes rehab nurse, case manager, licensed PT, OT, speech, psychologist; team meets weekly; often integrating advanced technologies	Less intensive than Inpatient rehabilitation hospital, but not regulated.	Variable, based on treatment plan	Variable, based on treatment plan
Amount of Therapy	3 hours per day and a minimum of 15 hours per week	Typically 1 to 1.5 hours per day (up to 3 hours per) but not required.	30-60 minutes per session & discipline, 2 to 3, usually 3 times per week	3 60 minutes per session & discipline, 2 to 3 times per week
Physician Involvement	Daily face-to-face assessment and treatment plan update	At least every 30 days	Provide oversight but no direct treatment	As needed to evaluate progress and assessment treatment plan
Skilled Nursing Care - RN	Care from RN 24 hours per day, with general caseload of 5-6 patients on day & evening shifts, slightly higher on night shift. RNs often specialize and are certified in Rehabilitation Nursing. RNs supported by Nursing Assistants with similar caseload.	RN on site for at least 8 hours per day, however, care is typically provided by certified nurse aides and LPNs. Typical LPN caseload is 15-20 patients.	As needed per treatment plan	Not available
Discharge to Home/Community	76%*	38%*	Visits per episode: (41%) since 31.6/1998 v. 18.8/2015*	
Average Readmission Rate	2.5%*	10.4%*	25.4%* during HHA stay	

*MedPAC - March 2017 Post Acute Care Report to Congress: Medicare Payment Policy



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